

What is the u3a?

The u3a is an international movement whose aims are the education and leisure activities of retired members of the community—those in their third 'age' of life but still very much alive and kicking with a good deal to contribute to our communities.

It operates through local u3a's run by volunteers and drawing on the knowledge, experience and skills of their members to form interest groups which meet regularly to live, laugh and learn. There are no exams or qualifications – it is all for enjoyment, learning, participation, and social engagement.

The Third Age Trust (u3a.org.uk)

The national body, Third Age Trust, provides advice and resources to local groups. In the UK there are 1,000+ groups, and 400,000 members. u3a publishes the member magazine *u3a matters* five times a year, sent free to all members who opt to receive it.



About Perth u3a

Perth u3a is part of the worldwide u3a movement and one of 55 local groups with membership of u3a Scotland. We have over 70 Interest Groups ranging from Archaeology to Yoga (we just need someone to start Zumba or Zoology to complete our alphabet) and around 500 members.

Most meetings take place from September to May although some activities continue through the summer. Many groups meet in venues across Perth with most taking place in "Unit 7" a dedicated room in the NCOC building at 28 Glasgow Road, near the centre of the city and handy for travel by bus, train, and car (inexpensive parking can be found at the Dewar Centre just behind us.)

Programme

Each year, members of Perth u3a receive a copy of our programme which details:

- Dates of Interest Group meetings
- Dates of the 4-weekly Open Meetings and details of the guest speaker
- List of Interest Groups, when and where they meet, and group leader contact details
- Committee names and responsibilities, and how to contact them

Open Meetings

Open Meetings, which anyone can attend, usually have a guest speaker and a fascinating topic. They take place on a Monday morning every 4 weeks from September to May.

Speakers and topics for this session:

- *Treasures of Mediaeval and Renaissance Perthshire* – Dr Kylie Murray
- *Scotland Beneath the Surface* – Bruce Keith
- *Branklyn Garden – a legacy to Mr and Mrs Renton* – Jim Jermyn
- *A Trip to Everest Base Camp* – Evelyn Menzies
- *Perth Racecourse* – Mathew Taylor
- *Auchterarder Picturehouse* – Peter Laisen
- *Gloagburn Farm* – Ian Niven
- *Camping amongst the lions of the Okavango Delta* – Duncan McNab

Open meetings are held in St Matthews Church, Tay Street, Perth, a beautiful spacious (and warm!) venue where members meet and chat with friends, and learn something fascinating from our speakers.

Meetings start at with tea, coffee, and chat from 10am with the meeting proper at 10:30.

Find out more online at
www.perth.u3asite.uk