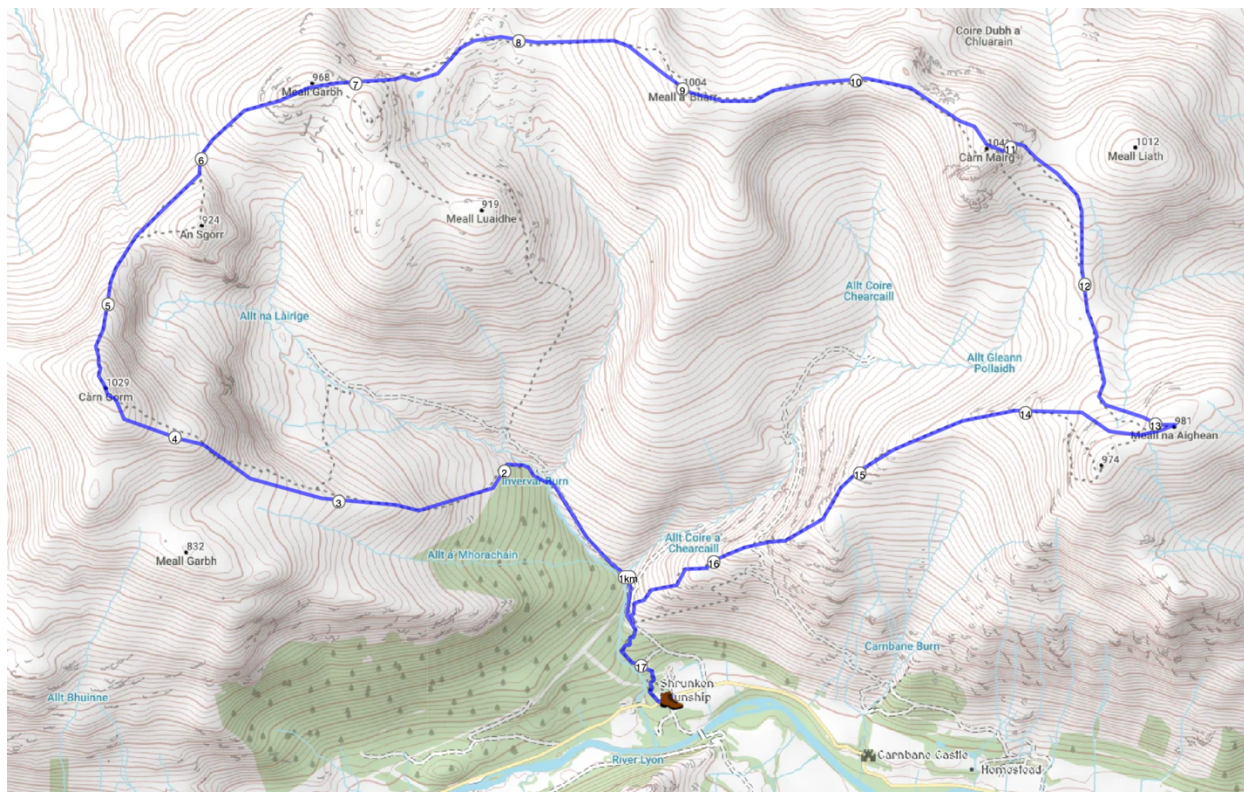


Glen Lyon horseshoe on 22nd June 2026



Eight of us met up by the river along the road from Invervar to climb the four Munros of the Glen Lyon horseshoe. It was a cloudy day with mist down to 500m but not wet as expected, and quite warm. We ascended from Invervar and did the clockwise route as recommended. It felt pretty hot climbing the first hill, Carn Gorm, 1028 m, but after that we enjoyed being on the grassy tops with only moderate drops and climbs to the other three hills. We followed the fenceposts in the mist, and saw many of the rusty ones complained about in the SMC guide have been added to one of the cairns, making quite an interesting construction on Meall Garbh. Carn Maing is an interesting Munro with boulders and a bit of a rocky descent, finally the cloud was lifting a bit and becoming confined to the North, as we climbed the final hill, Creag Mhor. We had views down to the river Lyon running through lovely Glen Lyon on our descent. The walk took the seven hours we anticipated, leaving no time for a cafe or even bar visit, but we had an enjoyable day and two of the group increased their Munro total by 4 apiece.



At the start of the walk, crossing the river



At the top of the first Munro – Carn Gorm



Between hills in the mist.



At the third Munro – Carn Maig