

u3a Perth News Round-up

28 September 2026

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Next Open Meeting

Our next Open Meeting is at 10.30am on Monday 26 October at St Matthew's Church, with teas and coffees available from 10.00am. The speaker will be Pinky Methven, and the talk is entitled 'A Perthshire Tea Garden'.

Our Open Meetings are open to anyone who'd like to attend, whether they're a member or not. If you have any friends or family who'd like to come along, they'd be very welcome.

If you can't attend, or want to watch a previous talk, you can watch on YouTube: <https://www.youtube.com/@u3aPerth>. Alternatively, a search on YouTube for "u3a Perth" will find the correct page.

CPR Training

If any member or Group Leader would like CPR training, please contact Wilma Coleman here: <https://perth.u3asite.uk/non-committee-roles/>. Wilma will coordinate requests and arrange the training, which is particularly valuable for Group Leaders, walk leaders, and members of physical activity groups such as Tai Chi, Table Tennis and the various walking groups.

Unit 6 and 7

Unit 7 is rented for our sole use all year round, whereas we book and pay for individual day/time slots in Unit 6. Everything in Unit 7 belongs to Perth u3a, whereas nothing in Unit 6 belongs to us.

When you leave Unit 7, please ensure that any tables and chairs you've used are put away, even if they were set out when you arrived. If you've used any equipment from the cupboard, make sure the equipment is put away and the cupboard is locked. And finally, make sure the door to Unit 7 has locked properly.

When you leave Unit 6, please leave it as you found it, and return any items such as additional chairs which you took from Unit 7.

Finding information

Our website (<https://perth.u3asite.uk>) is the best place to go to find information – for example, the list of groups we offer, where and when groups meet, and the dates and topics for Open Meetings. You can also contact groups and committee members from links on the website.

We're currently considering whether to offer some help sessions for those who'd like a bit of guidance on how to navigate the website. If this is of interest to you, please let me know: Perthu3aSecretary@gmail.com.

The only information you won't find on the website is phone numbers. These are published in the Perth u3a Programme, which you'll have received after you joined/re-joined.

For those who don't use the website, a list of groups and a 'when groups meet' ready-reckoner are available from our Membership Secretary, John Seavers: perthu3amembership@gmail.com.